

Recommended Reading for “Basic Spiritual Schooling of Komaja”

Basic Literature

I

Aba Aziz Makaja, *Komaja – die geistige Liebes- und Lebenskunst* (Komaja – The Spiritual Art of Loving and Living), Zürich/Konstanz, 1998.

Swami Narayanananda, *The Secrets of Prana, Pranayama and Yoga-Asanas*, Blansingen, 1976.

Lailan Young, *The Naked Face: The Essential Guide to Reading Faces*, 1994.

Jiddu Krishnamurti, *At The Feet Of The Master*, different Editions

Dr. Masaharu Taniguchi, *You Can Heal Yourself*, 1961

II

Aba Aziz Makaja, *Komaja – die geistige Liebes- und Lebenskunst* (Komaja – The Spiritual Art of Loving and Living), Zürich/Konstanz, 1998.

---, *Eros & Logos: The Book for Saints and Sinners*, Zürich/Brighton 2003.

---, *Divine Sex – A Path to Higher Consciousness*, Pula 2023

J. William Lloyd, *The Karezza Method: Magnetation, The Art of Connubial Love*, Hollywood, 1973.

III

Iqbal K. Taimni, *Science of Yoga*, Oxford, 1979.

Zoran Zec, *Izreke o jogi*, Beograd, 1977. (Academic translation of the Yoga Sutra, only available in Serbian language)

Joseph S. Benner, *The Impersonal Life*, 2020

Sri Sankaracharya, *Anandalahari*

IV

Aba Aziz Makaja, *Komaja Agenda 1995–2000 mit spirituellen Namen und Aphorismen auf Deutsch und Kroatisch* (Komaja Agenda 1995–2000 with Spiritual Names and Aphorisms in German and Croatian), Zagreb/Konstanz, 1994.

Platon, *Cratylus*, Start Classics 2013.

It is recommended to read the literature before the “Psychophonics” course.

V

Aba Aziz Makaja, *Komaja – die geistige Liebes- und Lebenskunst* (Komaja – The Spiritual Art of Loving and Living), Zürich/Konstanz, 1998.

Joseph S. Benner, *The Impersonal Life*, 2020

I.K. Taimni, *Self-Culture in the light of the Ancient Wisdom*, The Theosophical Publishing House 2020

David Boadella, *Death of the Ego, Part I: Salvation or Surrender*, in: *Energy and Character*, May 1980, Vol.11, No.2.

---, *Disciples and Characters Patterns*, in ib. September 1980, Vol.11, No.3.

VI

Aba Aziz Makaja, *Komaja – die geistige Liebes- und Lebenskunst* (Komaja – The Spiritual Art of Loving and Living), Zürich/Konstanz, 1998.

---, *Divine Sex – A Path to Higher Consciousness*, Pula 2023

C.G. Jung, *The Psychology of Kundalini Yoga*, Princeton University Press 1999.

Arthur Avalon (Sir John Woodroffe), *The Serpent Power: The Secrets of Tantric and Shaktic Yoga*, Dover Publications 1974

Swami Narayananda, *Primal Power in Man: Or, der Kundalini Shakti*, N. U. Yoga Trust 1984

Gopi Krishna, *Kundalini: The Evolutionary Energy in Man*, Shambhala Books

Supplementary Literature

I

Ken Wilber, *Up from Eden. A Transpersonal View of Human Evolution*, 1996

Alice Bailey, *Initiation – Human and Solar*, Martino Fine Books 2011

A.E. Powel, *The Astral Body – And Other Astral Phenomena*, The Theosophical Publishing House 2016.

C.G. Jung, *The Undiscovered Self: With Symbols and the Interpretation of Dreams*, Princeton Univ.Press 2011

Louise L. Hay, *You Can Heal Yourself*, 1984

II

Ken Wilber, *Sex, Ecology, Spirituality*, Boston, 1995.

Fritz Tanner, *Eros und Religion* (Eros and Religion), München, 1998.

Jessica Fern, *Polysecure: Attachment, Trauma and Consensual Non-monogamy*, Scribe 2022

---, *Polywise: a deeper dive into navigating open relationships*, Scribe 2024

Aba Aziz Makaja i dr., *Ljubovno-erotska terapija* (Love-Erotic Therapy), Skopje, 2001.

---, „Ljubavno-erotski (ne)odgoj i narkomanija” (Love-erotic (non)education and drug-addiction) in: *Anali Studentskog centra Sveučilišta u Zagrebu*, Zagreb, 1/1999, p. 185-193

III

Vyasa, *Sry-Patanjala-Yoga-sutra-bhasyam*, 2 Vol, Maedaka, 1984.

Svāmī Vivekānanda, *Patanjali's Yoga Sutras*, Sanage Publ.House 2022.

IV

Arthur Avalon, *The Garland of Letters*, Madras, 1979.

Joachim-Ernst Berendt, *Nada Brahma. The World is Sound*, Rochester, 1983.

V

Ken Wilber, *Sex, Ecology, Spirituality*, Boston, 1995.

Richard Sipe, *Celibacy in Crisis: A Secret World Revisited*, Taylor&Francis 2003

Elinor Burkett, *A Gospel of Shame. Children, Sexual Abuse and the Catholic Church*, New York, 2002.

Rupert Sheldrake, *A New Science of Life: The Hypothesis of Morphic Resonance*, London, 1981.

VI

G.S. Arundale, *Kundalini: An Occult Experience*, Theosoph. Publish. 1978.

Stanislav and Christina Grof, *Spiritual Emergency. When Personal Transformation Becomes a Crisis*, Tarcher 1989.

Christian Scharfetter, *Der Spirituelle Weg und seine Gefahren* (The Spiritual Path and His Dangers), Stuttgart, 1994.

Lee Sanella, *The Kundalini Experience*, Lower Lake, 1992.

We also recommend:

Friedrich Nietzsche, *Thus Spoke Zarathustra*

Lao Tzu, *Tao Te Ching*

P. D. Ouspensky, *Psychology of Man's Possible Evolution*, Zinc Read 2023

New Testament, New Living Translation

The Gospel of Thomas: The Gnostic Wisdom of Jesus, Inner Traditions 2005.

Elias Rowan, *The Gospel of Mary Magdalene: The Lost Voice of the Feminine Christ* (Original Text, Commentary), 2025

Jeremy Payton, *The Gnostic Gospels Master Collection: The Rejected Gospel of Mary Magdalene, Thomas, Truth, Judas, Peter, Philip, Pistis Sophia and More*, 2023

Radhakrishnan Sarvepalli, *Indian Philosophy I-II*, Oxford University Press 2009.

Georg Feuerstein, *The Yoga Tradition: Its History, Literature, Philosophy and Practice*, Hohm Press 2013

Christopher D. Wallis, *Tantra Illuminated: The Philosophy, History, and Practice of a Timeless Tradition*, 2013

Andrea Janelle Dickens, *The Female Mystic: Great Women Thinkers of the Middle Ages*, I.B. Tauris 2009.

Lama Shenpen Hookham, *There's More to Dying Than Death: A Buddhist Perspective*, 2006

Ayya Khema, Pema Chödrön, *Offenes Herz - mutiger Geist*, 2004

C.W. Leadbeater, *Man Visible and Invisible*, Zinc Read 2023.

Daisetz Teitaro Suzuki, Erich Fromm, *Zen Buddhism and Psychoanalysis*, 1974

Sri Aurobindo, *The Bhagavad Gita with Text, Translation and Commentary*, Sri Aurobindo Divine Life Trust 2008

Gopi Krishna, *The Biological Basis of Religion and Genius*, Harper and Row. 1971, introduction by Carl Friedrich Freiherr von Weizsäcker.

Office for Official Publication of the European Community (izdavač), *Women and men in the European Union*, 1995.

---, *The life of women and men in Europe*, Interactive edition 2022