

Komaja

Spiritual Schooling

2026 - 2028





2026-2028

Basic spiritual schooling of Komaja

WITH THE POSSIBILITY OF OBTAINING THE DIPLOMA “KOMAJA MEDITATION TEACHER”

Those who wish to succeed in the art of living, to understand the mysteries of existence, and to grow in love and consciousness must be prepared for disciplined and thorough work on acquiring knowledge and refining themselves.

The Komaja Spiritual School offers exactly that: a comprehensive program of education and the development of consciousness, which can be crowned with a diploma—and, best of all, of course, with excellent physical and mental health, a magnetic personality, charisma, and above all, lasting enlightenment.

Below we present our three-year spiritual schooling program, which begins with Summer School 2026 and concludes with Winter School 2028/29. Over the course of three years, the program guides participants through a systematic and profound process of learning and experiential practice. (All information regarding location, fees, participation requirements, and the diploma examination can be found on page 14 of this brochure.)

Each Summer and Winter School represents a complete thematic and practical unit. As such, it is also recommended for those who are interested only in specific topics rather than in the entire three-year program.

The training is led by the internationally renowned Master of Yoga and tantra, **Guru Aba Aziz Makaja (Franjo Milićević)**, whose system of spiritual schooling has spread throughout Europe and beyond, with ten thousand participants. (More about Makaja can be found on page 13 of this brochure.) Guest lecturers will be introduced in the prospectus of each upcoming school.

The program comprises a total of 18 modules, divided into three Summer Schools with four modules each and three Winter Schools with two modules each:

MODULE

2026 - 2028

I

KOMAJA – THE SCHOOL OF YOGA AND MEDITATION

SUMMER SCHOOL • 26.07. – 09.08.2026

1. *Komaja Meditation*
2. Komaja – A Contemporary Kundalini Yoga School
3. “Healing Hands” or Yoga for Health
4. Personal History, Health, and the Future



II

THE SPIRITUALISATION OF SEXUALITY

WINTER SCHOOL • 26.12.2026 – 02.01.2027

1. Sex and Polytherapy
2. Komaja – The School of Tantric Love and Sacred Eroticism



III

THE PHILOSOPHY OF YOGA AND THE TEACHINGS OF KOMAJA

SUMMER SCHOOL • 25.07. – 08.08.2027

An Introduction to the Yogi Patañjali and His *Yoga Sūtra*

1. Alignment with One’s True Nature
2. Kriya-Yoga and Prajna or the Supreme Knowledge
3. *Samyama* or extraordinary powers
4. The State of Freedom



MODULE

2026 - 2028

IV

PSYCHOPHONICS, OR SOUND, VOICE, AND SPIRIT

WINTER SCHOOL • 26.12.2027 – 02.01.2028

1. Psychophonics, or Mantra Yoga I
 2. Psychophonics, or Mantra Yoga II
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V

SPIRITUAL PEDAGOGY AND REALIZING THE CONSCIOUSNESS OF ONENESS

THE 50TH JUBILEE SUMMER SCHOOL • 23.07. – 06.08.2028

1. The Spiritual Pedagogy of Komaja
 2. The Pedagogy of Group Work
 3. Group Dynamics: The Decisive Factor for Success
 4. Realizing the Consciousness of Oneness
-



VI

KUNDALINI – THE FORCE OF EVOLUTION WITHIN HUMANS

THE 50TH JUBILEE WINTER SCHOOL • 26.12.2028 – 02.01.2029

1. Spirit is Gold
2. Kundalini – The Latent Force of Evolution within Humans



Overview of Schools and Modules

with Exercises During and Between Schools

I KOMAJA - SCHOOL OF YOGA AND MEDITATION

SUMMER SCHOOL • 26.07. – 09.08.2026

Lectures

1. KOMAJA MEDITATION

- In Search of Meaning
- Vegetarianism – From an Ethical and Medical Perspective
- Kundalini Shakti – The Divine Power Within Us
- The Seven Major Chakras
- Komaja Meditation Technique
- Conditions and Phenomena of Meditation
- Initiation into Meditation and the Individual Mantra

2. KOMAJA – A CONTEMPORARY KUNDALINI YOGA SCHOOL

- Basic Types of Yoga
- *Ashtanga* (Eightfold) Yoga
- The Divine Nature of Sex and Tantra
- Astral Life and Occult Methods of Protection
- Levels of Nature and the Development of Consciousness
- Guru and Disciple
- Levels of Initiation

3. "HEALING HANDS" OR YOGA FOR HEALTH

- Physical Exercises and Yoga Asanas
- The Art of Breathing
- Spiritual Sports and Everyday Training
- Suggestion, Hypnosis, and Self-Hypnosis
- Healing through Lay-on of Hands and Spiritual Healing
- Pranic Surgery
- Healing Ritual





4. PERSONAL HISTORY, HEALTH, AND THE FUTURE

- *Karma, Dharma* and reincarnation
- Physiognomy in Modern Medicine and Criminology
- Individual Analysis of Face, Body, and Psyche
- The Vision of Joy
- Health and Illness in the Evolutionary Continuum of the Individual
- Types and Rituals of Healing
- The Significance of Dreams on the Path of Self-Knowledge

Exercises During the School

- Guided Group Meditations; Working with Control Points for *Komaja Meditation*
- Tantric Meditations
- Yoga Asanas, Pranayama, Pa Kua
- Ambidexterity Exercises
- Healing Rituals
- Chanting Mantras

Guidelines for Self-Practice Between Schools

- Weekly Meditation Meetings
- Chanting Mantras
- Dream Journaling; Group Excursions; *Trataka* Practice
- Healing Groups
- Team Sports and Working together
- Keeping a Spiritual Journal
- *Mouna* – Yogic Practice of Silence (minimum 30 days)
- *Upavāsa* – Yogic Fasting Practice (one day per week for three months, consuming only water)
- *Brahmacharya* – Twice 50 Days of Complete Sexual Abstinence
- Read Part I of the Recommended Literature (page 20)

II SPIRITUALISATION OF SEXUALITY

WINTER SCHOOL • 26.12.2026 – 02. 01.2027

Lectures

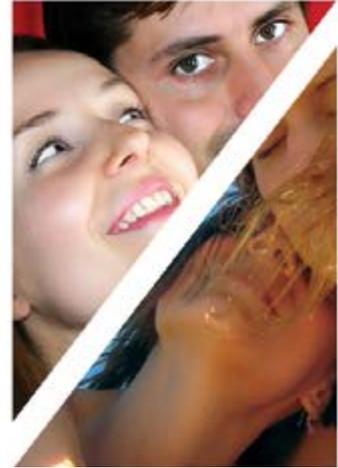
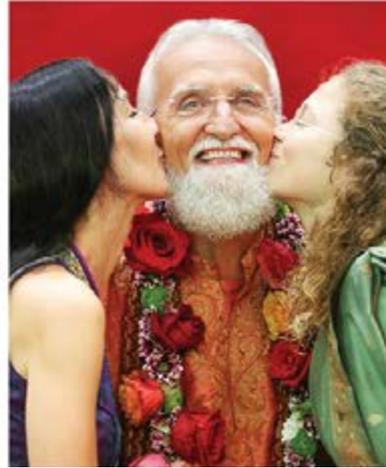
1. SEX AND POLYTHERAPY

- Illusions of Religion, Illusions of Science, and the Illusions of the Majority of People
- *Polytherapy* – Komaja's Spiritual Therapy
- Personal Truths and Witnesses
- Role Therapy
- Pressure in Therapy: Yes or No; When and to What Extent
- Love and Support by the Therapist and the Group
- Intimate Partnership as a Spiritual Method

2. KOMAJA – THE SCHOOL OF TANTRIC LOVE AND SACRED EROTICISM

- Is Intimate Union a Spiritual Method?!
- *Theatre of Truth* – The Komaja Confession
- Darkness of the Subconscious and Light of Consciousness
- On Order, Discipline, and Life in Freedom
- Ritual and Magic in the Catholic Mass vs. Ritual and Magic in the Ceremony of the *Komaja Church of Love*
- *Abraxas*¹, Yin and Yang, Good and Evil...
- The Importance and Role of the Spiritual Master





Exercises During the School

- The Therapies Mentioned Above
- Healing Ritual
- Mask Games: Working on the *Persona* (C.G. Jung)
- Intensive Love and Love-Erotic Meditations
- Consciousness Tests

Course Materials

- ◆ Mask Reflecting the Best in You
- ◆ Mask Reflecting the Best in You
(Masks can be made or purchased)

Guidelines for Self-Practice Between Schools

- Read Part II of the Recommended Literature (page 20)



¹ In C. G. Jung's psychology, *Abraxas* represents an archetypal symbol of psychic wholeness, signifying the union of conscious and unconscious opposites in the process of individuation.

III THE PHILOSOPHY OF YOGA AND THE TEACHINGS OF KOMAJA

SUMMER SCHOOL • 25.07. – 08. 08.2027

Lectures

An Introduction to the Yogi Patañjali and His Yoga Sūtras

1. ALIGNMENT WITH ONE'S TRUE NATURE

- *Nirodha* or Stilling of the Foggy Fluctuations of the mind
- *Ishvara pranidhana* or Devotion to the Supreme/the Absolute

2. KRIYA-YOGA¹ AND PRAJNA²

- *Avidya* or Fundamental Ignorance (Non-Seeing)
- *Yoganga* (Limbs of Yoga) and *Samadhi-Siddhi*

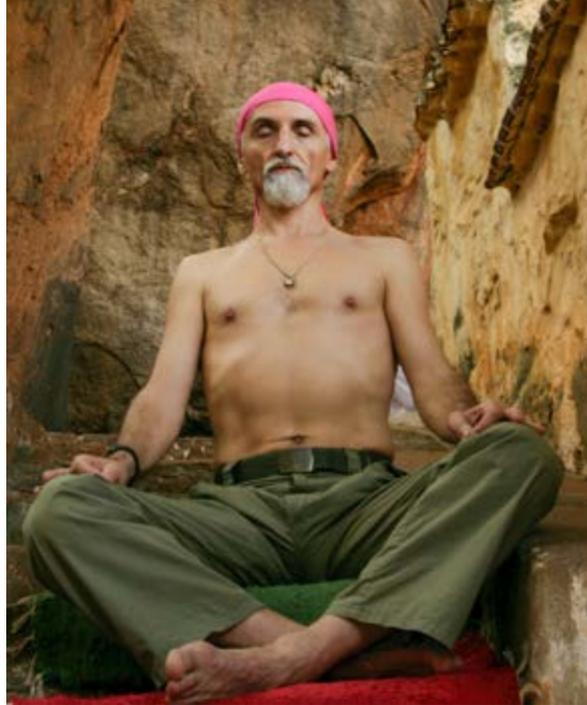
3. SAMYAMA AND EXTRAORDINARY POWERS

- *Maitri*³, *Siddhi*⁴ and *Samadhi*⁵
- *Kaya sampad* or Perfection of the Body and *Kaivalya*⁶

4. STATE OF FREEDOM

- The Path of Ultimate Salvation
- Ultimate Discriminative Insight (*vivekakhyaati*)
- *Dharma Megha*⁷ *Samadhi*





Exercises During the School

- Intensive Meditations Aimed at Expanding Consciousness;
- Exercises for the Development of Psychic Abilities

Guidelines for Self-Practice Between Schools

- Longer Kundalini Meditations
- An active physical lifestyle (e.g., Komaja spiritual sport)
- Living in an existing ashram or establishing a new ashram
- Read Part III of the Recommended Literature (page 20)



¹ Yoga of action

² Supreme knowledge

³ *Maitrī* (Sanskrit) – an attitude of unconditional benevolence and friendliness toward all beings.

⁴ *Siddhi* – (Sanskrit) – extraordinary abilities or powers that, according to yogic tradition, develop through spiritual practice.

⁵ *Samādhi* – (Sanskrit) – a state of deep meditative absorption and unity of the subject and object of consciousness.

⁶ Liberation/isolation as a consequence of the purity of *sattva* and *purusa*

⁷ Lit. “cloud of true form”: in yogic philosophy, the final state of *samādhi*, characterized by the complete dissolution of karmic impressions and a “rain of *dharma*,” that is, insight and liberation.

IV PSYCHOPHONICS, OR SOUND, VOICE, AND SPIRIT

WINTER SCHOOL • 26.12.2027 – 02.01.2028

Lectures

1. PSYCHOPHONICS, OR MANTRA YOGA I

- Artistic Name, Magical Name, and Spiritual Name
- Connections Between Sounds, Psychological Traits, and Chakras
- Exercises with Sounds and Mantras
- Creating Spiritual Names for Course Participants
- *Glasovnost* – Manifesting Inner Content Through the Voice
- Creating and Selecting Mantras

2. PSYCHOPHONICS, OR MANTRA YOGA II

- Mantra Creation and Selection Test
- Analysis of Selected Mantras and the Physical and Psychological Characteristics of the Individual
- Mantra Chanting and *Allvoicing*
- Initiation and the Giving of Mantras

Exercises During the School

- As Mentioned above
- *Allvoicing* (Specific Techniques of Vowel Chanting; Harmonic/Overtone Sounds)
- *God-Singing* (A Specific Chanting Method for Short Spiritual Songs and Mantras)

Guidelines for Self-Practice Between Schools

- Read Part VI of the Recommended Literature (page 20)





V SPIRITUAL PEDAGOGY AND REALIZING THE CONSCIOUSNESS OF ONENESS

THE 50TH JUBILEE SUMMER SCHOOL • 23.07. – 06.08.2028

Lectures

1. THE SPIRITUAL PEDAGOGY OF KOMAJA

- Definitions, Principles, and Theories of Pedagogy in General
- God's Life Is in Me, God's Life Is in You
- Positive Attitude, Positive Thought, Positive Feeling, Positive Word, and Positive Action
- Harmony and Beauty
- The Importance of Systematic Practice and Repetition
- Order and Discipline, Structure and Self-Directing
- Spirit, Wit, and Laughter
- Punishment as the Failure of Pedagogy; Self-Regulation and the Importance of Free Will

2. THE PEDAGOGY OF GROUP WORK

Topics and Exercises as in the Previous Course, but with a Special Focus on:

- The Influence of the Individual on the Group
- The Influence of the Group on the Individual
- The Influence of the Group on Similar and Friendly Groups
- The Influence of the Group on the Wider Social Community

3. GROUP DYNAMICS: THE DECISIVE FACTOR FOR SUCCESS

Discussions and Meditations on the Theme:

- A Good Pedagogue Is First and Foremost a Self-Pedagogue
- The Conscious and the Unconscious in Group Dynamics
- Sexual Drives and Group Dynamics; Behavioural Norms
- The Group Leader; Charisma and Collaboration
- Group Development and Potential Negative Phenomena
- Togetherness and Spirituality





4. REALIZING THE CONSCIOUSNESS OF ONENESS

- Systematic Work on Strengthening and Refining One's Ego
- The Process of Conscious, Willful Disintegration of the Highly Developed Ego
- Working on the Ego and Liberation from Humanity's Illusions
- Illusions of Materialism, Religion, Science, Established Ethics, and Morality
- Liberation from the Conscious and Unconscious Patterns of One's Parents
- Dissolution of the Unconscious Human Ego and the Birth of the Consciousness of Oneness
- The Divine Life Within Us
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Exercises During the School

- Observing the Positive in Others and Expressing It in Words
- Observing and Expressing Beauty; Practicing Rapture and Admiration
- Exercises in Laughter and Crying; Expressing Joy and Sorrow
- Becoming Aware of and Transforming Aggression
- Theatre of Liberation
- Nonviolent "Cleansing" of Mind and Heart
- Intensive Polytherapy

Guidelines for Self-Practice Between Schools

- Read Part V of the Recommended Literature (page 20)



VI KUNDALINI – THE FORCE OF EVOLUTION WITHIN HUMANS

THE 50TH JUBILEE WINTER SCHOOL • 26.12.2028 – 02.01.2029

Lectures

1. SPIRIT IS GOLD

- *Kundalini Shakti* as a Means to Achieve Success
- Activating and Directing the Energy of a Group/City/Society
- Legal Aspects
- Socio-Political Aspects
- Pedagogy and Psychology in Communication with Authorities, Scientific, and Cultural Institutions
- Case Study: The Transcendental Meditation Movement of Maharishi Mahesh Yogi and the New Religious Movement of Bhagwan Sri Rajneesh (Osho)
- Consciousness = Energy = Money

2. KUNDALINI – THE LATENT FORCE OF EVOLUTION WITHIN HUMANS

- *Muladhara Chakra*, “Love Bombing,” and the First Crisis
- Enlightenment of the Sexual Chakra and the Great River of Dirt
- Healthy Egoism and Unhealthy Love for Others
- Higher Levels of Enlightenment and “Bearing the Cross,” i.e., Assuming the Karma of the Student
- *Vishuddha Chakra* and the “Birth” of the *Jīvanmukta*
- *Ajna Chakra* – Consciousness of Oneness and Extraordinary Powers
- *Sahasrara Chakra* – Spiritual Peace and Radiant Love of the *Dharma Megha Samādhi*





Exercises During the School

- Intensive Meditations
- Performance and Communication Exercises

Guidelines for Self-Practice Between Schools

- Read Part VI of the Recommended Literature (page 21)



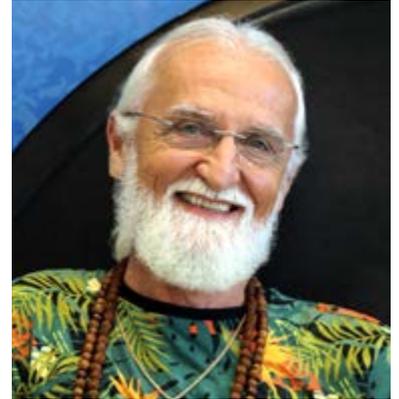
Jivanmukta denotes a person who has attained liberation (*moksha*) while still alive, transcending ego attachments and karmic conditioning, while simultaneously acting fully and consciously in the world.



PROGRAM AND ORGANIZATIONAL INFORMATION AND GUIDELINES

PROGRAM LEADER

- **Guru Aba Aziz Makaja** (Franjo Miličević)
- Master of Tantra, Kundalini, and Raja Yoga; Sexologist
- Member of the World Association for Sexual Health (WAS) since 2003
- Winner of the Sexual Intelligence Award (SIA) in the USA, 2004
- Founder and Head of the International Komaja Community (1978)
- Regular guest and interviewee in European television and print media, including RTL, ARD, SF1, ATV, Süddeutsche Zeitung, Playboy, Wiener, Die Weltwoche, Komsomolskaja Pravda, and others
- Numerous authors have written about Makaja and Komaja in their works. See the list of secondary literature at www.komaja.org



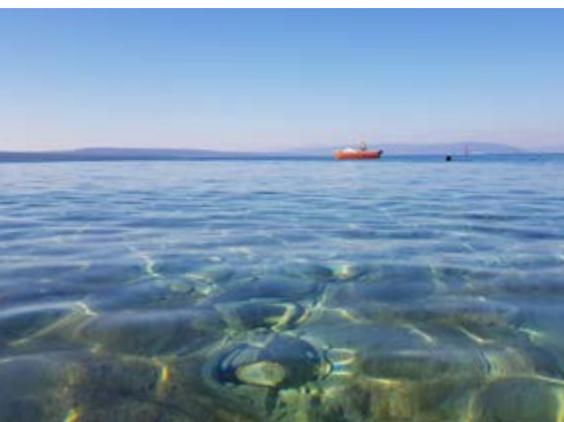
EVENT VENUE

Cherry Blossom Retreat Center
Meditation-Yoga-Tantra Centre
Put za Marleru 23, 52204 Ližnjan
www.cherry-blossom.hr



SAMPLE DAILY SCHEDULE

08:30 – 09:30 Yoga Exercises (Optional)
10:00 – 12:00 Meditations, Lectures, Exercises
12:00 – 14:00 Shared Lunch and Socializing
14:00 – 19:00 Free Time – Rest, Beach, Sports Activities
19:00 – 21:00 Dinner
21:00 – 23:00 Evening Lectures, Meditations, Exercises, Chanting of Mantras and Discussions with the Master are an Integral Part of the Daily Program.





COURSE PRICES (vary by country)

	SUMMER SCHOOL		WINTER SCHOOL	
	Standard	Students / Seniors	Standard	Students / Seniors
CH	980	760	550	390
EU (except HR)	700	550	400	290
GB	700	550	400	290
HR	420	240	280	200
MK, BA, RS, ME	320	240	240	170

Teachers of Komaja Meditation" receive a 30 % discount on the listed prices.

The full three-year program costs a total of

- **€4.590 / €3.450** for participants from Switzerland;
- **€3.300 / €2.520** for participants from Germany and other EU countries as well as Great Britain;
- **€2.100 / €1.320** for participants from Croatia;
- **€1.680 / €1.230** for participants from MK, BA, RS and ME

Participants who commit to the program and pay in two equal instalments (the first by May 1, the second by November 30, 2026) receive a **10 % discount** on the total amount (non-refundable, except upon presentation of a medical certificate). The price includes two consultations with Guru Makaja per year.

PLEASE USE THE FOLLOWING CONTACTS FOR REGISTRATION AND INQUIRIES:

Basic Spiritual Schooling with Diploma Option:

Guru Dea Konstanza – info@komaja.org

Accommodation in the Meditation-Yoga-Tantra Centre *Cherry Blossom*:

reservations@komaja.org

Separate Schools:

reservations@komaja.org

PARTICIPATION REQUIREMENTS AND ADDITIONAL GUIDELINES

- Our courses are open (under the same conditions) to all interested individuals aged 14 and above; minors must have written consent from their parents.
- An exception to the above rule is the *Art of Love* courses (of which only one is required to qualify for the “Komaja Meditation Teacher” exam). These courses are reserved exclusively for adults.
- Initiations (with an individual mantra), occasional meditation checks, and individual consultations with the course leader and/or Guru Makaja may, at the participant’s request, supplement the basic training.
- During Summer and Winter Schools, the consumption of alcohol, nicotine, and drugs is not permitted. A strictly vegetarian diet is recommended.
- The contents and exercises are intended for personal development and education and do not replace professional medical or therapeutic treatment. In case of health issues, please consult a qualified professional. Participation and application of the contents are the full personal responsibility of the participant.
- The schools are conducted bilingually: in Croatian, with translation provided into English or German.

INFORMATION ON THE EXAMINATION FOR OBTAINING THE DIPLOMA “KOMAJA MEDITATION TEACHER”

The primary goal of this schooling is the development of love and consciousness. In this sense, the diploma is secondary and not mandatory. At the same time, the diploma serves as confirmation of the effort invested and as a guarantee of quality and responsible transmission of the teachings. The following are the conditions and procedures for the diploma examination:

- Upon completion of the training, a Certificate of Completion is issued. After successfully passing the final exam, the Diploma “Komaja Meditation Teacher” is awarded (both in digital format).
- Obtaining the diploma is possible no earlier than after three years of training. The cost of the final examination corresponds to the price of one Winter School (see above).
- Permitted absences for participants wishing to obtain the diploma are limited to one day per seven-day school. It is not allowed to combine absences to create longer consecutive absences. Participants who were unable to attend for justified reasons will be given the opportunity to repeat the content.
- Additional requirements for obtaining the diploma include mandatory participation in at least one *Art of Love* course lasting 14 days (possible in a theoretical-only format) and one *Kundalini Intensive* lasting a minimum of 7 days.



Recommended Reading for “Basic Spiritual Schooling of Komaja”

Basic Literature

I

Aba Aziz Makaja, *Komaja – die geistige Liebes- und Lebenskunst* (Komaja – The Spiritual Art of Loving and Living), Zürich/Konstanz, 1998.

Swami Narayanananda, *The Secrets of Prana, Pranayama and Yoga-Asanas*, Blansingen, 1976.

Lailan Young, *The Naked Face: The Essential Guide to Reading Faces*, 1994.

Jiddu Krishnamurti, *At The Feet Of The Master*, different Editions

Dr. Masaharu Taniguchi, *You Can Heal Yourself*, 1961

II

Aba Aziz Makaja, *Komaja – die geistige Liebes- und Lebenskunst* (Komaja – The Spiritual Art of Loving and Living), Zürich/Konstanz, 1998.

---, *Eros & Logos: The Book for Saints and Sinners*, Zürich/Brighton 2003.

---, *Divine Sex – A Path to Higher Consciousness*, Pula 2023

J. William Lloyd, *The Karezza Method: Magnetation, The Art of Connubial Love*, Hollywood, 1973.

III

Iqbal K. Taimni, *Science of Yoga*, Oxford, 1979.

Zoran Zec, *Izreke o jogi*, Beograd, 1977. (Academic translation of the Yoga Sutra, only available in Serbian language)

Joseph S. Benner, *The Impersonal Life*, 2020

Sri Sankaracharya, *Anandalahari*

IV

Aba Aziz Makaja, *Komaja Agenda 1995–2000 mit spirituellen Namen und Aphorismen auf Deutsch und Kroatisch* (Komaja Agenda 1995–2000 with Spiritual Names and Aphorisms in German and Croatian), Zagreb/Konstanz, 1994.

Platon, *Cratyhus*, Start Classics 2013.

It is recommended to read the literature before the “Psychophonics” course.

V

Aba Aziz Makaja, *Komaja – die geistige Liebes- und Lebenskunst* (Komaja – The Spiritual Art of Loving and Living), Zürich/Konstanz, 1998.

Joseph S. Benner, *The Impersonal Life*, 2020

I.K. Taimni, *Self-Culture in the light of the Ancient Wisdom*, The Theosophical Publishing House 2020

David Boadella, *Death of the Ego, Part I: Salvation or Surrender*, in: *Energy and Character*, May 1980, Vol.11, No.2.

---, *Disciples and Characters Patterns*, in *ib.* September 1980, Vol.11, No.3.

VI

Aba Aziz Makaja, *Komaja – die geistige Liebes- und Lebenskunst* (Komaja – The Spiritual Art of Loving and Living), Zürich/Konstanz, 1998.

---, *Divine Sex – A Path to Higher Consciousness*, Pula 2023

C.G. Jung, *The Psychology of Kundalini Yoga*, Princeton University Press 1999.

Arthur Avalon (Sir John Woodroffe), *The Serpent Power: The Secrets of Tantric and Shaktic Yoga*, Dover Publications 1974

Swami Narayananda, *Primal Power in Man: Or, der Kundalini Shakti*, N. U. Yoga Trust 1984

Gopi Krishna, *Kundalini: The Evolutionary Energy in Man*, Shambhala Books

Supplementary Literature

I

Ken Wilber, *Up from Eden. A Transpersonal View of Human Evolution*, 1996

Alice Bailey, *Initiation – Human and Solar*, Martino Fine Books 2011

A.E. Powel, *The Astral Body – And Other Astral Phenomena*, The Theosophical Publishing House 2016.

C.G. Jung, *The Undiscovered Self: With Symbols and the Interpretation of Dreams*, Princeton Univ.Press 2011

Louise L. Hay, *You Can Heal Yourself*, 1984

II

Ken Wilber, *Sex, Ecology, Spirituality*, Boston, 1995.

Fritz Tanner, *Eros und Religion* (Eros and Religion), München, 1998.

Jessica Fern, *Polysecure: Attachment, Trauma and Consensual Non-monogamy*, Scribe 2022

---, *Polywise: a deeper dive into navigating open relationships*, Scribe 2024

Aba Aziz Makaja i dr., *Ljubovno-erotska terapija* (Love-Erotic Therapy), Skopje, 2001.

---, „Ljubavno-erotski (ne)odgoj i narkomanija” (Love-erotic (non)education and drug-addiction) in: *Anali Studentskog centra Sveučilišta u Zagrebu*, Zagreb, 1/1999, p. 185-193

III

Vyasa, *Sry-Patanjala-Yoga-sutra-bhasyam*, 2 Vol, Maedaka, 1984.

Svāmī Vivekānanda, *Patanjali's Yoga Sutras*, Sanage Publ.House 2022.

IV

Arthur Avalon, *The Garland of Letters*, Madras, 1979.

Joachim-Ernst Berendt, *Nada Brahma. The World is Sound*, Rochester, 1983.

V

Ken Wilber, *Sex, Ecology, Spirituality*, Boston, 1995.

Richard Sipe, *Celibacy in Crisis: A Secret World Revisited*, Taylor&Francis 2003

Elinor Burkett, *A Gospel of Shame. Children, Sexual Abuse and the Catholic Church*, New York, 2002.

Rupert Sheldrake, *A New Science of Life: The Hypothesis of Morphic Resonance*, London, 1981.

VI

G.S. Arundale, *Kundalini: An Occult Experience*, Theosoph. Publish. 1978.

Stanislav and Christina Grof, *Spiritual Emergency. When Personal Transformation Becomes a Crisis*, Tarcher 1989.

Christian Scharfetter, *Der Spirituelle Weg und seine Gefahren (The Spiritual Path and His Dangers)*, Stuttgart, 1994.

Lee Sanella, *The Kundalini Experience*, Lower Lake, 1992.

We also recommend:

Friedrich Nietzsche, *Thus Spoke Zarathustra*

Lao Tzu, *Tao Te Ching*

P. D. Ouspensky, *Psychology of Man's Possible Evolution*, Zinc Read 2023

New Testament, New Living Translation

The Gospel of Thomas: The Gnostic Wisdom of Jesus, Inner Traditions 2005.

Elias Rowan, *The Gospel of Mary Magdalene: The Lost Voice of the Feminine Christ (Original Text, Commentary)*, 2025

Jeremy Payton, *The Gnostic Gospels Master Collection: The Rejected Gospel of Mary Magdalene, Thomas, Truth, Judas, Peter, Philip, Pistis Sophia and More*, 2023

Radhakrishnan Sarvepalli, *Indian Philosophy I-II*, Oxford University Press 2009.

Georg Feuerstein, *The Yoga Tradition: Its History, Literature, Philosophy and Practice*, Hohm Press 2013

Christopher D. Wallis, *Tantra Illuminated: The Philosophy, History, and Practice of a Timeless Tradition*, 2013

Andrea Janelle Dickens, *The Female Mystic: Great Women Thinkers of the Middle Ages*, I.B. Tauris 2009.

Lama Shenpen Hookham, *There's More to Dying Than Death: A Buddhist Perspective*, 2006

Ayya Khema, Pema Chödrön, *Offenes Herz - mutiger Geist*, 2004

C.W. Leadbeater, *Man Visible and Invisible*, Zinc Read 2023.

Daisetz Teitaro Suzuki, Erich Fromm, *Zen Buddhism and Psychoanalysis*, 1974

Sri Aurobindo, *The Bhagavad Gita with Text, Translation and Commentary*, Sri Aurobindo Divine Life Trust 2008

Gopi Krishna, *The Biological Basis of Religion and Genius*, Harper and Row. 1971, introduction by Carl Friedrich Freiherr von Weizsäcker.

Office for Official Publication of the European Community (izdavač), *Women and men in the European Union*, 1995.

---, *The life of women and men in Europe*, Interactive edition 2022